

My  
course  
calendar

2024

2025



| ΣΕΠΤΕΜΒΡΙΟΣ |       |         |        |           |         |         |
|-------------|-------|---------|--------|-----------|---------|---------|
| ΔΕΥΤΕΡΑ     | ΤΡΙΤΗ | ΤΕΤΑΡΤΗ | ΠΕΜΠΤΗ | ΠΑΡΑΣΚΕΥΗ | ΣΑΒΒΑΤΟ | ΚΥΡΙΑΚΗ |
|             |       |         |        |           |         | 1       |
|             |       |         |        |           |         |         |
|             |       |         |        |           |         |         |
| 2           | 3     | 4       | 5      | 6         | 7       | 8       |
|             |       |         |        |           |         |         |
|             |       |         |        |           |         |         |
| 9           | 10    | 11      | 12     | 13        | 14      | 15      |
|             |       |         |        |           |         |         |
|             |       |         |        |           |         |         |
| 16          | 17    | 18      | 19     | 20        | 21      | 22      |
|             |       |         |        |           |         |         |
|             |       |         |        |           |         |         |
| 23          | 24    | 25      | 26     | 27        | 28      | 29      |
|             |       |         |        |           |         |         |
|             |       |         |        |           |         |         |
| 30          |       |         |        |           |         |         |
|             |       |         |        |           |         |         |

| ΟΚΤΩΒΡΙΟΣ              |       |                      |                      |                      |                           |                           |
|------------------------|-------|----------------------|----------------------|----------------------|---------------------------|---------------------------|
| ΔΕΥΤΕΡΑ                | ΤΡΙΤΗ | ΤΕΤΑΡΤΗ              | ΠΕΜΠΤΗ               | ΠΑΡΑΣΚΕΥΗ            | ΣΑΒΒΑΤΟ                   | ΚΥΡΙΑΚΗ                   |
|                        | 1     | 2                    | 3                    | 4                    | 5                         | 6                         |
|                        |       |                      |                      |                      | FUNCTIONAL<br>9:00-16:00  | FUNCTIONAL<br>9:00-16:00  |
|                        |       |                      |                      |                      | RELAX<br>9:00-16:00       | RELAX<br>9:00-16:00       |
|                        |       |                      |                      |                      |                           |                           |
| 7                      | 8     | 9                    | 10                   | 11                   | 12                        | 13                        |
|                        |       |                      |                      |                      | FUNCTIONAL<br>9:00-16:00  | FUNCTIONAL<br>9:00-16:00  |
|                        |       |                      |                      |                      | RELAX<br>9:00-16:00       | RELAX<br>9:00-16:00       |
|                        |       |                      |                      |                      |                           |                           |
| 14                     | 15    | 16                   | 17                   | 18                   | 19                        | 20                        |
|                        |       |                      |                      |                      | PREGNANT<br>9:00-16:00    | PREGNANT<br>9:00-16:00    |
|                        |       |                      |                      |                      | DEEP TISSUE<br>9:00-16:00 | DEEP TISSUE<br>9:00-16:00 |
|                        |       |                      |                      |                      |                           |                           |
| 21                     | 22    | 23                   | 24                   | 25                   | 26                        | 27                        |
| PREGNANT<br>9:00-16:00 |       | SPORTS<br>9:00-13:30 | SPORTS<br>9:00-13:30 | SPORTS<br>9:00-13:30 |                           |                           |
|                        |       |                      |                      |                      |                           |                           |
|                        |       |                      |                      |                      |                           |                           |
|                        |       |                      |                      |                      |                           |                           |
| 28                     | 29    | 30                   | 31                   |                      |                           |                           |
|                        |       | SPORTS<br>9:00-13:30 | SPORTS<br>9:00-13:30 |                      |                           |                           |
|                        |       |                      |                      |                      |                           |                           |

| ΝΟΕΜΒΡΙΟΣ                 |                           |                           |                           |                           |                           |                           |
|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| ΔΕΥΤΕΡΑ                   | ΤΡΙΤΗ                     | ΤΕΤΑΡΤΗ                   | ΠΕΜΠΤΗ                    | ΠΑΡΑΣΚΕΥΗ                 | ΣΑΒΒΑΤΟ                   | ΚΥΡΙΑΚΗ                   |
|                           |                           |                           |                           | 1                         | 2                         | 3                         |
|                           |                           |                           |                           | SPORTS<br>9:00-13:30      | ΑΙΣΘ (Π)<br>9:00-16:00    | ΑΙΣΘ (Π)<br>9:00-16:00    |
|                           |                           |                           |                           |                           | DEEP TISSUE<br>9:00-16:00 | DEEP TISSUE<br>9:00-16:00 |
| 4                         | 5                         | 6                         | 7                         | 8                         | 9                         | 10                        |
|                           |                           | ΛΕΜΦΙΚΟ<br>9:00-13:30     | ΛΕΜΦΙΚΟ<br>9:00-13:30     | ΛΕΜΦΙΚΟ<br>9:00-13:30     | ΑΙΣΘ (Π)<br>9:00-16:00    | ΑΙΣΘ (Π)<br>9:00-16:00    |
| 11                        | 12                        | 13                        | 14                        | 15                        | 16                        | 17                        |
|                           |                           | ΛΕΜΦΙΚΟ<br>9:00-13:30     | ΛΕΜΦΙΚΟ<br>9:00-13:30     | ΛΕΜΦΙΚΟ<br>9:00-13:30     | REJUVANCE<br>9:00-16:00   | REJUVANCE<br>9:00-16:00   |
|                           |                           |                           |                           |                           | HAMMAM (Θ)<br>9:00-16:00  | HAMMAM (Θ)<br>9:00-16:00  |
| 18                        | 19                        | 20                        | 21                        | 22                        | 23                        | 24                        |
| HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 | ΑΙΣΘ (Π)<br>9:00-16:00    | ΑΙΣΘ (Π)<br>9:00-16:00    |
| REJUVANCE<br>9:00-16:00   |                           |                           |                           |                           | MYO CUPP<br>9:00-16:00    | MYO CUPP<br>9:00-16:00    |
| 25                        | 26                        | 27                        | 28                        | 29                        | 30                        |                           |
| HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 | REJUVANCE<br>9:00-16:00   |                           |
|                           |                           |                           |                           |                           | AROMA(ONL)<br>9:00-16:00  |                           |

| ΔΕΚΕΜΒΡΙΟΣ              |                          |                          |                          |                          |                           |                           |
|-------------------------|--------------------------|--------------------------|--------------------------|--------------------------|---------------------------|---------------------------|
| ΔΕΥΤΕΡΑ                 | ΤΡΙΤΗ                    | ΤΕΤΑΡΤΗ                  | ΠΕΜΠΤΗ                   | ΠΑΡΑΣΚΕΥΗ                | ΣΑΒΒΑΤΟ                   | ΚΥΡΙΑΚΗ                   |
|                         |                          |                          |                          |                          |                           | 1                         |
|                         |                          |                          |                          |                          |                           | REJUVANCE<br>9:00-16:00   |
|                         |                          |                          |                          |                          |                           | AROMA (ONL)<br>9:00-16:00 |
| 2                       | 3                        | 4                        | 5                        | 6                        | 7                         | 8                         |
| REJUVANCE<br>9:00-16:00 |                          | RELAX<br>9:00-13:30      | RELAX<br>9:00-13:30      | RELAX<br>9:00-13:30      | ΑΙΣΘ (Π)<br>9:00-16:00    | ΑΙΣΘ (Π)<br>9:00-16:00    |
|                         |                          |                          |                          |                          | ΑΡΧΑΙΑ<br>09:00-16:00     | ΑΡΧΑΙΑ<br>09:00-16:00     |
| 9                       | 10                       | 11                       | 12                       | 13                       | 14                        | 15                        |
| SILK<br>9:00-16:00      |                          | RELAX<br>9:00-13:30      | RELAX<br>9:00-13:30      | RELAX<br>9:00-13:30      | AROMA (ONL)<br>9:00-16:00 | AROMA(ONL)<br>9:00-16:00  |
|                         |                          |                          |                          |                          | THAI<br>9:00-16:00        | THAI<br>9:00-16:00        |
| 16                      | 17                       | 18                       | 19                       | 20                       | 21                        | 22                        |
|                         | FUNCTIONAL<br>9:00-16:00 | FUNCTIONAL<br>9:00-16:00 | FUNCTIONAL<br>9:00-16:00 | FUNCTIONAL<br>9:00-16:00 | ΑΙΣΘ (Π)<br>9:00-16:00    | ΑΙΣΘ (Π)<br>9:00-16:00    |
|                         |                          |                          |                          |                          | THAI<br>9:00-16:00        | THAI<br>9:00-16:00        |
| 23                      | 24                       | 25                       | 26                       | 27                       | 28                        | 29                        |
|                         |                          |                          |                          |                          |                           |                           |
| 30                      | 31                       |                          |                          |                          |                           |                           |
|                         |                          |                          |                          |                          |                           |                           |

| ΙΑΝΟΥΑΡΙΟΣ            |       |                           |                           |                           |                        |                            |
|-----------------------|-------|---------------------------|---------------------------|---------------------------|------------------------|----------------------------|
| ΔΕΥΤΕΡΑ               | ΤΡΙΤΗ | ΤΕΤΑΡΤΗ                   | ΠΕΜΠΤΗ                    | ΠΑΡΑΣΚΕΥΗ                 | ΣΑΒΒΑΤΟ                | ΚΥΡΙΑΚΗ                    |
|                       |       | 1                         | 2                         | 3                         | 4                      | 5                          |
|                       |       |                           |                           |                           |                        |                            |
| 6                     | 7     | 8                         | 9                         | 10                        | 11                     | 12                         |
|                       |       |                           |                           |                           | GUA SHA<br>9:00-15:00  | FACE LIFT-UP<br>9:00-15:00 |
|                       |       |                           |                           |                           |                        |                            |
| 13                    | 14    | 15                        | 16                        | 17                        | 18                     | 19                         |
| NATURAL<br>9:00-15:00 |       | DEEP TISSUE<br>9:00-13:30 | DEEP TISSUE<br>9:00-13:30 | DEEP TISSUE<br>9:00-13:30 | SPORTS<br>9:00-16:00   | SPORTS<br>9:00-16:00       |
|                       |       |                           |                           |                           | ΛΕΜΦΙΚΟ<br>9:00-16:00  | ΛΕΜΦΙΚΟ<br>9:00-16:00      |
|                       |       |                           |                           |                           |                        |                            |
| 20                    | 21    | 22                        | 23                        | 24                        | 25                     | 26                         |
|                       |       | DEEP TISSUE<br>9:00-13:30 | DEEP TISSUE<br>9:00-13:30 | DEEP TISSUE<br>9:00-13:30 | SPORTS<br>9:00-16:00   | SPORTS<br>9:00-16:00       |
|                       |       |                           |                           |                           | ΛΕΜΦΙΚΟ<br>09:00-16:00 | ΛΕΜΦΙΚΟ<br>09:00-16:00     |
|                       |       |                           |                           |                           |                        |                            |
| 27                    | 28    | 29                        | 30                        | 31                        |                        |                            |
|                       |       | PREGNANT<br>9:00-16:00    | PREGNANT<br>9:00-16:00    | PREGNANT<br>9:00-16:00    |                        |                            |
|                       |       |                           |                           |                           |                        |                            |

| ΦΕΒΡΟΥΑΡΙΟΣ               |                           |                           |                           |                           |                          |                          |
|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|--------------------------|--------------------------|
| ΔΕΥΤΕΡΑ                   | ΤΡΙΤΗ                     | ΤΕΤΑΡΤΗ                   | ΠΕΜΠΤΗ                    | ΠΑΡΑΣΚΕΥΗ                 | ΣΑΒΒΑΤΟ                  | ΚΥΡΙΑΚΗ                  |
|                           |                           |                           |                           |                           | 1                        | 2                        |
|                           |                           |                           |                           |                           | ΑΙΣΘ (Σ)<br>9:00-16:00   | ΑΙΣΘ (Σ)<br>9:00-16:00   |
|                           |                           |                           |                           |                           | TRIGGER<br>9:00-16:00    | TRIGGER<br>9:00-16:00    |
|                           |                           |                           |                           |                           |                          |                          |
| 3                         | 4                         | 5                         | 6                         | 7                         | 8                        | 9                        |
|                           |                           | THAI<br>9:00-13:30        | THAI<br>9:00-13:30        | THAI<br>9:00-13:30        | RELAX<br>9:00-16:00      | RELAX<br>9:00-16:00      |
|                           |                           |                           |                           |                           | MYO CUPP<br>9:00-16:00   | MYO CUPP<br>9:00-16:00   |
|                           |                           |                           |                           |                           |                          |                          |
| 10                        | 11                        | 12                        | 13                        | 14                        | 15                       | 16                       |
|                           |                           | THAI<br>9:00-13:30        | THAI<br>9:00-13:30        | THAI<br>9:00-13:30        | ΑΙΣΘ (Σ)<br>9:00-16:00   | ΑΙΣΘ (Σ)<br>9:00-16:00   |
|                           |                           |                           |                           |                           | HAMMAM (Θ)<br>9:00-16:00 | HAMMAM (Θ)<br>9:00-16:00 |
|                           |                           |                           |                           |                           |                          |                          |
| 17                        | 18                        | 19                        | 20                        | 21                        | 22                       | 23                       |
| HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 | ΑΙΣΘ(Σ)<br>9:00-16:00    | ΑΙΣΘ(Σ)<br>9:00-16:00    |
|                           |                           |                           |                           |                           | RELAX<br>9:00-16:00      | RELAX<br>9:00-16:00      |
|                           |                           |                           |                           |                           |                          |                          |
| 24                        | 25                        | 26                        | 27                        | 28                        |                          |                          |
| HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 | HAMMAM (Π)<br>08:30-11:30 |                          |                          |
|                           |                           |                           |                           |                           |                          |                          |

| ΜΑΡΤΙΟΣ                |                        |                          |                          |                          |                             |                            |
|------------------------|------------------------|--------------------------|--------------------------|--------------------------|-----------------------------|----------------------------|
| ΔΕΥΤΕΡΑ                | ΤΡΙΤΗ                  | ΤΕΤΑΡΤΗ                  | ΠΕΜΠΤΗ                   | ΠΑΡΑΣΚΕΥΗ                | ΣΑΒΒΑΤΟ                     | ΚΥΡΙΑΚΗ                    |
|                        |                        |                          |                          |                          | 1                           | 2                          |
|                        |                        |                          |                          |                          |                             |                            |
| 3                      | 4                      | 5                        | 6                        | 7                        | 8                           | 9                          |
|                        | ΛΕΜΦΙΚΟ<br>09:00-16:00 | ΛΕΜΦΙΚΟ<br>09:00-16:00   | ΛΕΜΦΙΚΟ<br>09:00-16:00   | ΛΕΜΦΙΚΟ<br>09:00-16:00   | ΑΙΣΘ (Σ)<br>9:00-16:00      | ΑΙΣΘ (Σ)<br>9:00-16:00     |
|                        |                        |                          |                          |                          | DEEP TISSUE<br>09:00-16:00  | DEEP TISSUE<br>09:00-16:00 |
| 10                     | 11                     | 12                       | 13                       | 14                       | 15                          | 16                         |
|                        |                        | FUNCTIONAL<br>9:00-13:30 | FUNCTIONAL<br>9:00-13:30 | FUNCTIONAL<br>9:00-13:30 | ANTICELL<br>9:00-16:00      | ANTICELL<br>9:00-16:00     |
|                        |                        |                          |                          |                          | DEEP TISSUE<br>09:00-16:00  | DEEP TISSUE<br>09:00-16:00 |
| 17                     | 18                     | 19                       | 20                       | 21                       | 22                          | 23                         |
| ANTICELL<br>9:00-16:00 |                        | FUNCTIONAL<br>9:00-13:30 | FUNCTIONAL<br>9:00-13:30 | FUNCTIONAL<br>9:00-13:30 | ΑΙΣΘ (Σ)<br>9:00-16:00      | ΑΙΣΘ (Σ)<br>9:00-16:00     |
|                        |                        |                          |                          |                          | FACE LIFT-UP<br>09:00-15:00 | GUA SHA<br>09:00-15:00     |
| 24                     | 25                     | 26                       | 27                       | 28                       | 29                          | 30                         |
| NATURAL<br>9:00-15:00  |                        |                          |                          |                          | SPORTS<br>9:00-16:00        | SPORTS<br>9:00-16:00       |
|                        |                        |                          |                          |                          | THAI<br>9:00-16:00          | THAI<br>9:00-16:00         |
| 31                     |                        |                          |                          |                          |                             |                            |
|                        |                        |                          |                          |                          |                             |                            |

| ΑΠΡΙΛΙΟΣ |                            |                            |        |           |                          |                          |
|----------|----------------------------|----------------------------|--------|-----------|--------------------------|--------------------------|
| ΔΕΥΤΕΡΑ  | ΤΡΙΤΗ                      | ΤΕΤΑΡΤΗ                    | ΠΕΜΠΤΗ | ΠΑΡΑΣΚΕΥΗ | ΣΑΒΒΑΤΟ                  | ΚΥΡΙΑΚΗ                  |
|          | 1                          | 2                          | 3      | 4         | 5                        | 6                        |
|          |                            |                            |        |           | SPORTS<br>9:00-16:00     | SPORTS<br>9:00-16:00     |
|          |                            |                            |        |           | THAI<br>9:00-16:00       | THAI<br>9:00-16:00       |
| 7        | 8                          | 9                          | 10     | 11        | 12                       | 13                       |
|          |                            |                            |        |           | AROMA(ONL)<br>9:00-16:00 | AROMA(ONL)<br>9:00-16:00 |
|          |                            |                            |        |           | FUNCTIONAL<br>9:00-16:00 | FUNCTIONAL<br>9:00-16:00 |
| 14       | 15                         | 16                         | 17     | 18        | 19                       | 20                       |
|          |                            |                            |        |           |                          |                          |
| 21       | 22                         | 23                         | 24     | 25        | 26                       | 27                       |
|          |                            |                            |        |           | AROMA(ONL)<br>9:00-16:00 | AROMA(ONL)<br>9:00-16:00 |
|          |                            |                            |        |           | FUNCTIONAL<br>9:00-16:00 | FUNCTIONAL<br>9:00-16:00 |
| 28       | 29                         | 30                         |        |           |                          |                          |
|          | DEEP TISSUE<br>09:00-13:30 | DEEP TISSUE<br>09:00-13:30 |        |           |                          |                          |
|          |                            |                            |        |           |                          |                          |

| ΜΑΙΟΣ                  |                        |                           |                           |                           |                         |                             |
|------------------------|------------------------|---------------------------|---------------------------|---------------------------|-------------------------|-----------------------------|
| ΔΕΥΤΕΡΑ                | ΤΡΙΤΗ                  | ΤΕΤΑΡΤΗ                   | ΠΕΜΠΤΗ                    | ΠΑΡΑΣΚΕΥΗ                 | ΣΑΒΒΑΤΟ                 | ΚΥΡΙΑΚΗ                     |
|                        |                        |                           | 1                         | 2                         | 3                       | 4                           |
|                        |                        |                           |                           | DEEP TISSUE<br>9:00-13:30 | RELAX<br>9:00-16:00     | RELAX<br>9:00-16:00         |
|                        |                        |                           |                           | ΛΕΜΦΙΚΟ<br>9:00-16:00     | ΛΕΜΦΙΚΟ<br>9:00-16:00   |                             |
| 5                      | 6                      | 7                         | 8                         | 9                         | 10                      | 11                          |
|                        |                        | DEEP TISSUE<br>9:00-13:30 | DEEP TISSUE<br>9:00-13:30 | DEEP TISSUE<br>9:00-13:30 | RELAX<br>9:00-16:00     | RELAX<br>9:00-16:00         |
|                        |                        |                           |                           |                           | ΛΕΜΦΙΚΟ<br>9:00-16:00   | ΛΕΜΦΙΚΟ<br>9:00-16:00       |
| 12                     | 13                     | 14                        | 15                        | 16                        | 17                      | 18                          |
| ANTICELL<br>9:00-16:00 | ANTICELL<br>9:00-16:00 | ANTICELL<br>9:00-16:00    | SPORTS<br>9:00-16:00      | SPORTS<br>9:00-16:00      | SPORTS<br>9:00-16:00    | SPORTS<br>9:00-16:00        |
|                        |                        |                           |                           |                           |                         |                             |
|                        |                        |                           |                           |                           |                         |                             |
| 19                     | 20                     | 21                        | 22                        | 23                        | 24                      | 25                          |
|                        |                        |                           |                           | SILK<br>09:00-16:00       | GUA SHA<br>09:00-15:00  | FACE LIFT-UP<br>09:00-15:00 |
|                        |                        |                           |                           | PREGNANT<br>9:00-16:00    | PREGNANT<br>9:00-16:00  | PREGNANT<br>9:00-16:00      |
| 26                     | 27                     | 28                        | 29                        | 30                        | 31                      |                             |
| NATURAL<br>9:00-15:00  |                        |                           |                           |                           | MYO CUPP<br>9:00-16:00  |                             |
|                        |                        |                           |                           |                           | REJUVANCE<br>9:00-16:00 |                             |

| ΙΟΥΝΙΟΣ                 |       |                        |                        |                     |                           |                           |
|-------------------------|-------|------------------------|------------------------|---------------------|---------------------------|---------------------------|
| ΔΕΥΤΕΡΑ                 | ΤΡΙΤΗ | ΤΕΤΑΡΤΗ                | ΠΕΜΠΤΗ                 | ΠΑΡΑΣΚΕΥΗ           | ΣΑΒΒΑΤΟ                   | ΚΥΡΙΑΚΗ                   |
|                         |       |                        |                        |                     |                           | 1                         |
|                         |       |                        |                        |                     |                           | MYO CUPP<br>9:00-16:00    |
|                         |       |                        |                        |                     |                           | REJUVANCE<br>9:00-16:00   |
| 2                       | 3     | 4                      | 5                      | 6                   | 7                         | 8                         |
| REJUVANCE<br>9:00-16:00 |       |                        |                        |                     | FUNCTIONAL<br>9:00-16:00  | FUNCTIONAL<br>9:00-16:00  |
|                         |       |                        |                        |                     | REJUVANCE<br>9:00-16:00   | REJUVANCE<br>9:00-16:00   |
| 9                       | 10    | 11                     | 12                     | 13                  | 14                        | 15                        |
| REJUVANCE<br>9:00-16:00 |       |                        |                        |                     | FUNCTIONAL<br>9:00-16:00  | FUNCTIONAL<br>9:00-16:00  |
|                         |       |                        |                        |                     | ANTICELL<br>9:00-16:00    | ANTICELL<br>9:00-16:00    |
| 16                      | 17    | 18                     | 19                     | 20                  | 21                        | 22                        |
| ANTICELL<br>9:00-16:00  |       | RELAX<br>9:00-13:30 γΣ | RELAX<br>9:00-13:30 γΣ | RELAX<br>9:00-13:30 | DEEP TISSUE<br>9:00-16:00 | DEEP TISSUE<br>9:00-16:00 |
|                         |       |                        |                        |                     | LOMI-LOMI<br>9:00-16:00   | LOMI-LOMI<br>9:00-16:00   |
| 23                      | 24    | 25                     | 26                     | 27                  | 28                        | 29                        |
|                         |       | RELAX<br>9:00-13:30 γΣ | RELAX<br>9:00-13:30 γΣ | RELAX<br>9:00-13:30 | DEEP TISSUE<br>9:00-16:00 | DEEP TISSUE<br>9:00-16:00 |
|                         |       |                        |                        |                     | LOMI-LOMI<br>9:00-16:00   | LOMI-LOMI<br>9:00-16:00   |
| 30                      |       |                        |                        |                     |                           |                           |
|                         |       |                        |                        |                     |                           |                           |

| ΙΟΥΛΙΟΣ |                         |                         |                         |                       |         |         |
|---------|-------------------------|-------------------------|-------------------------|-----------------------|---------|---------|
| ΔΕΥΤΕΡΑ | ΤΡΙΤΗ                   | ΤΕΤΑΡΤΗ                 | ΠΕΜΠΤΗ                  | ΠΑΡΑΣΚΕΥΗ             | ΣΑΒΒΑΤΟ | ΚΥΡΙΑΚΗ |
|         | 1                       | 2                       | 3                       | 4                     | 5       | 6       |
|         |                         |                         |                         |                       |         |         |
| 7       | 8                       | 9                       | 10                      | 11                    | 12      | 13      |
|         | SPORTS<br>9:00-16:00    | SPORTS<br>9:00-16:00    | SPORTS<br>9:00-16:00    | SPORTS<br>9:00-16:00  |         |         |
|         |                         |                         |                         |                       |         |         |
|         |                         |                         |                         |                       |         |         |
| 14      | 15                      | 16                      | 17                      | 18                    | 19      | 20      |
|         | PREGNANT<br>09:00-16:00 | PREGNANT<br>09:00-16:00 | PREGNANT<br>09:00-16:00 |                       |         |         |
|         |                         |                         |                         |                       |         |         |
|         |                         |                         |                         |                       |         |         |
| 21      | 22                      | 23                      | 24                      | 25                    | 26      | 27      |
|         | ΛΕΜΦΙΚΟ<br>9:00-16:00   | ΛΕΜΦΙΚΟ<br>9:00-16:00   | ΛΕΜΦΙΚΟ<br>9:00-16:00   | ΛΕΜΦΙΚΟ<br>9:00-16:00 |         |         |
|         |                         |                         |                         |                       |         |         |
|         |                         |                         |                         |                       |         |         |
| 28      | 29                      | 30                      | 31                      |                       |         |         |
|         |                         |                         |                         |                       |         |         |

| ΘΕΣΣΑΛΟΝΙΚΗ                                            |                         | ΣΕΠΤΕΜΒΡΙΟΣ                   | ΟΚΤΩΒΡΙΟΣ                         | ΝΟΕΜΒΡΙΟΣ                          | ΔΕΚΕΜΒΡΙΟΣ                        | ΙΑΝΟΥΑΡΙΟΣ                           | ΦΕΒΡΟΥΑΡΙΟΣ                           | ΜΑΡΤΙΟΣ                              | ΑΠΡΙΛΙΟΣ                       | ΜΑΙΟΣ                        | ΙΟΥΝΙΟΣ                             | ΙΟΥΛΙΟΣ                     |
|--------------------------------------------------------|-------------------------|-------------------------------|-----------------------------------|------------------------------------|-----------------------------------|--------------------------------------|---------------------------------------|--------------------------------------|--------------------------------|------------------------------|-------------------------------------|-----------------------------|
| RELAX MASSAGE                                          |                         |                               | 5-6<br>12-13<br>9:00 - 16:00      |                                    | 4-5-6<br>11-12-13<br>9:00 – 13:30 |                                      | 8-9<br>22-23<br>9:00 - 16:00          |                                      |                                | 3-4<br>10-11<br>9:00 - 16:00 | 18-19-20<br>25-26-27<br>09:00-13:30 |                             |
| DEEP TISSUE MASSAGE                                    |                         |                               | 19-20<br>9:00 - 16:00             | 2-3<br>9:00 - 16:00                |                                   | 15-16-17<br>22-23-24<br>9:00 - 13:30 |                                       | 8-9<br>15-16<br>9:00 - 16:00         | 29-30<br>9:00 – 13:30          | 2<br>7-8-9<br>09:00-13:30    | 21-22<br>28-29<br>09:00-16:00       |                             |
| SPORTS MASSAGE                                         |                         |                               | 23-24-25<br>30-31<br>9:00 - 13:30 | 1<br>09:00-13:30                   |                                   | 18-19<br>25-26<br>9:00 - 16:00       |                                       | 29-30<br>9:00 - 16:00                | 5-6<br>9:00 – 16:00            | 15-16-17-18<br>9:00 - 16:00  |                                     | 8-9-10-11<br>9:00 - 16:00   |
| MYO FUNCTIONAL MASSAGE                                 |                         |                               | 5-6<br>12-13<br>9:00 - 16:00      |                                    | 17-18-19-20<br>9:00 - 16:00       |                                      |                                       | 12-13-14<br>19-20-21<br>9:00 – 13:30 | 12-13<br>26-27<br>9:00 - 16:00 |                              | 7-8<br>14-15<br>9:00-16:00          |                             |
| THAI MASSAGE                                           |                         |                               |                                   |                                    | 14-15<br>21-22<br>9:00 - 16:00    |                                      | 5-6-7<br>12-13-14<br>9:00 – 13:30     | 29-30<br>9:00 - 16:00                | 5-6<br>9:00 - 16:00            |                              |                                     |                             |
| PREGNANT MASSAGE                                       |                         | 9-10<br>16-17<br>9:00 - 16:00 | 19-20-21<br>9:00 – 16:00          |                                    |                                   | 29-30-31<br>9:00 - 16:00             |                                       |                                      |                                | 23-24-25<br>9:00 – 16:00     |                                     | 15-16-17<br>9:00 – 16:00    |
| ΛΕΜΦΙΚΟ ΜΑΣΑΖ                                          |                         |                               |                                   | 6-7-8<br>13-14-15<br>9:00 - 13:30  |                                   | 18-19<br>25-26<br>9:00 - 16:00       |                                       | 4-5-6-7<br>9:00 - 16:00              |                                | 3-4<br>10-11<br>9:00 - 16:00 |                                     | 22-23-24-25<br>9:00 - 16:00 |
| AROMATHERAPY LAB<br>(ONLINE)                           |                         |                               |                                   | 30<br>9:00 - 16:00                 | 1<br>14-15<br>9:00 - 16:00        |                                      |                                       |                                      | 12-13<br>26-27<br>9:00 - 16:00 |                              |                                     |                             |
| MYO CUPPING                                            |                         |                               |                                   | 23-24<br>9:00 - 16:00              |                                   |                                      | 8-9<br>9:00 – 16:00                   |                                      |                                | 31<br>9:00 - 16:00           | 1<br>9:00 - 16:00                   |                             |
| TRIGGER POINTS                                         |                         |                               |                                   |                                    |                                   |                                      | 1-2<br>9:00 - 16:00                   |                                      |                                |                              |                                     |                             |
| LOMI LOMI                                              |                         |                               |                                   |                                    |                                   |                                      |                                       |                                      |                                |                              | 21-22<br>28-29<br>9:00 - 16:00      |                             |
| ADVANCED ANTICELL<br>TREATMENT -<br>ΜΑΣΑΖ ΚΥΤΤΑΡΙΤΙΔΑΣ |                         |                               |                                   |                                    |                                   |                                      |                                       | 15-16-17<br>9:00 - 16:00             |                                | 12-13-14<br>9:00 - 16:00     | 14-15-16<br>9:00 - 16:00            |                             |
| ADVANCED<br>ANTIAGE<br>TREATMENT                       | GUA SHA                 |                               |                                   |                                    |                                   | 11<br>9:00 - 15:00                   |                                       | 23<br>9:00 - 15:00                   |                                | 24<br>9:00 - 15:00           |                                     |                             |
|                                                        | FACE LIFT UP<br>CUPPING |                               |                                   |                                    |                                   | 12<br>9:00 - 15:00                   |                                       | 22<br>9:00 - 15:00                   |                                | 25<br>9:00 - 15:00           |                                     |                             |
|                                                        | NATURAL<br>LIFTING      |                               |                                   |                                    |                                   | 13<br>9:00 - 15:00                   |                                       | 24<br>9:00 - 15:00                   |                                | 26<br>9:00 - 15:00           |                                     |                             |
| REJUVANCE                                              |                         |                               |                                   | 16-17-18<br>30<br>9:00 - 16:00     | 1-2<br>9:00 - 16:00               |                                      |                                       |                                      |                                | 31<br>09:00-16:00            | 1-2<br>7-8-9<br>09:00-16:00         |                             |
| SILK BIOLIFTING                                        |                         |                               |                                   |                                    | 9<br>9:00-16:00                   |                                      |                                       |                                      |                                | 23<br>09:00-16:00            |                                     |                             |
| ΑΙΣΘΗΤΙΚΗ ΣΩΜΑ                                         |                         |                               |                                   |                                    |                                   |                                      | 1-2<br>15-16<br>22-23<br>9:00 - 16:00 | 8-9<br>22-23<br>9:00 - 16:00         |                                |                              |                                     |                             |
| ΑΙΣΘΗΤΙΚΗ ΠΡΟΣΩΠΟ                                      |                         |                               |                                   | 2-3<br>9-10, 23-24<br>9:00 - 16:00 | 7-8<br>21-22<br>9:00 - 16:00      |                                      |                                       |                                      |                                |                              |                                     |                             |
| ΑΡΧΑΙΑ ΕΛΛΗΝΙΚΗ ΜΑΛΑΞΗ                                 |                         |                               |                                   |                                    | 7-8<br>9:00 - 16:00               |                                      |                                       |                                      |                                |                              |                                     |                             |

ΗΑΜΜΑΜ ΘΕΩΡΙΑ: 1<sup>ο</sup> ΤΜΗΜΑ - 16-17/11 09:00-16:00 | 2<sup>ο</sup> ΤΜΗΜΑ – 15-16/02 09:00-16:00  
ΠΡΑΚΤΙΚΗ ΗΑΜΜΑΜ: 1<sup>ος</sup> ΚΥΚΛΟΣ: 18-19-20-21-22, 25-26-27-28-29/11 8:30 – 11:30 | 2<sup>ος</sup> ΚΥΚΛΟΣ: 17-18-19-20-21, 24-25-26-27-28/02 8:30 – 11:30

- ΜΑΘΗΜΑ ΣΕ ΚΑΘΗΜΕΡΙΝΕΣ
- ΜΑΘΗΜΑ ΣΕ ΣΑΒΒΑΤΟΚΥΡΙΑΚΟ

# ΔΕΣ ΤΟ ΕΤΗΣΙΟ ΠΡΟΓΡΑΜΜΑ ΜΑΣ ΣΥΝΟΠΤΙΚΑ



28

FEBRUARY